



# USWC Taekwondo

NEWSLETTER & UPDATES

November - December 2011



## Event Details & Updates

### Calendar of Events

- **Nov. 19th (Sat.)**  
*Parents Work Shop with Chief Master Sang Yun*
- **Nov. 24th (Thur) - 26th(Sat.)**  
*Thanksgiving - School Closed*
- **Nov. 25 (Fri.) - Nov. 27th (Mon.)**  
*Black Friday Internet Only Proshop Big Sale Weekend*
- **Dec. 10th (Sat.)**  
*Bring a Buddy Night out! Movies, snacks and Taekwondo*
- **Dec. 20th (Tue.) - 21st (Wed)**  
*Belt Promotion Test*
- **Dec. 22nd (Thur)**  
*Year End Holiday Party At Red Lion Hotel*
- **Dec. 24th - 31st.**  
*Winter Break School Closed (No Classes)*
- **Jan. 7th(Sat.)**  
*Make-up Test*

### Parents Workshop

Nov. 19th (Sat.) 10:40 - 11:30  
Learn the Top 10 Things you can do to help your child achieve their Black Belt. A few spots are still left. Please sign up at the front desk.

### Thanksgiving School Closed

Nov. 24th (Thurs.) - 26th (Sat.)  
We will be closing school for the Thanksgiving holiday. Please have a great Thanksgiving.

### Black Friday Big sale on Website

Nov. 25th (Fri.) - 27th (Mon)  
"Up to 70% off on our



proshop items at [www.uswctaekwondo.com](http://www.uswctaekwondo.com)"  
\*No additional discounts for BBC members

### Buddy Night!

Dec. 10th (Sat.) 5:00 - 9:00pm  
Bring a friend and get in for



FREE for a night out that includes an introductory Taekwondo class, a movie, games and snacks!

### Belt Promotion Test

Dec 20th(Tue) - Dec 21st (Wed)

### NO CLASSES on Testing Dates

Exact Schedule will be announced in December.

### Annual Holiday Party



Dec. 22nd (Thurs) 5pm-8pm  
Please join us for our annual holiday party. There will be dinner and dessert, a raffle party, a demo by our USWC demo team, Santa Claus and much more! Please save the date and RSVP at the front desk as soon as possible. We want to see everyone there!

### Year End Class

Please join us for our year end class. We intend to have a lot of fun, so come and enjoy.

#### **Dec. 23rd (Fri)**

**All Tiny Tigers**

3:20 - 3:50

**Jr. White to Blue**

4:00 - 4:45

**Jr. Red to Black**

5:00 - 5:45

**All Family**

6:00 - 6:50

### School Closure for the Holidays

Dec. 24th-Jan. 1st

Happy Holidays!! Classes will resume as regularly scheduled on Jan. 2nd (Mon)

### Uniform Policy

**Reminder**  
USWC offers certified Olympic & USWC standard sparring gear which follows safety regulations for students. Sparring equipment purchased from other vendors will not be allowed during training. All uniforms and other merchandise must be purchased at your academy.

### Sparring Gear Requirements

Shin, Forearm guards and Headgear are required for all students Yellow belt and above during class. This equipment can be ordered and purchased at your school.

### Bring Sparring Gear!

For classes marked with \*\* Students MUST bring their full set of sparring gear to class on these days to learn sparring technique.

### Family Month Special

*December is Family Month! Please ask staff about a special offer for parents and siblings that is so incredible that you have to ask about it to learn more.*

*If you think that your kids are enjoying Taekwondo, why not try it yourself!?*

*"A family who kicks together, sticks together"*